

Holy Family Little Church

'It is the things that come out of the mouth and things that come from the heart, that make a man 'unclean.'

Word Search Puzzle

V O Q V V D H O Q T V Y W Q L
 M J C L S D E A Q M H C U H W
 V Z V B A L H A N J D E X L P
 S C I M R T Y N T D H M F F N
 L L R S U U T I S I S E D T W
 A Y P O M N C R N Z N R A S K
 N M M L M W S A B G A G L R E
 D G R F U A T H O U G H T S T
 E U B N R S O O Y G Z B T R D
 R N Q H D H M A E Y E B R C I
 U C A S E E A R V I R B F J B
 R L C V R D C O I R T C K K N
 A E C E E V H S L L I V P A P
 S A B O D Y J A C C A E M T B
 S N O K B I M M O R A L I T Y

mouth	stomach	body	heart	unclean
evil	thoughts	murder	immorality	theft
lying	slander	man	eating hands	unwashed

Covenant Books phone & fax 01772 735993

Opening hours: Thursday 10am-4pm; Friday 10am-4pm; Saturday 10am-12noon

Holy Family Church

Whitby Ave, Ingol Preston PR2 3YP

Tel: 01772 725193 **E-mail:** parish.priest2@btinternet.com

Website: <http://holyfamilyparish.weebly.com/>

Priest: Fr. Peter Draper (Tel: 725193)



Sunday Mass: 11.00 am.

Weekday Mass: Mon & Thur: 9.15am. (Other weekdays: 9.15am at St. Anthony's)

Primary school: 727471 **Covenant Books:** 735993

Lancaster Roman Catholic Diocesan Trustees Registered Charity Number 234331

Put the oxygen mask on yourself first

We are familiar with the pre-flight instructions, "...make sure to put the oxygen mask on yourself first before attempting to help someone else put on theirs." The same is true spiritually; we must breathe deeply of God's Spirit ourselves before attempting to help others. When we attempt to teach or lead others, and we haven't opened ourselves to God's Spirit within us, we're putting on a front, a mask, a costume. The word hypocrite is from the Greek word meaning play-actor.

In his letter to the Galatians, St Paul describes the working of the Spirit of God as the fruits of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control. Joyce Rupp says that she used to think of these fruits as 'things' given to us, something in a gift box. Then she began to think of them as energies, dynamic sources of growth already within in us. We can choose whether or not to act upon these energies, whether or not to allow them to become effective in us."

When we are asked to take the risk of reaching out to another, to offer forgiveness to the heart that rejects us..... Spirit of God, fill us with the energy of your love.
 When we walk with sadness Spirit of God, stir the energy of your joy within us.
 When anxiety and concern take over our spirit.....

Spirit of God, deepen in us the energy of your peace.
 On those days when our anger flares because our agendas aren't met.....

Spirit of God, draw us towards the energy of your patience.
 When we stop giving people our acceptance and understanding

Spirit of God,awaken in us the energy of your kindness
 As we struggle to believe in our own gifts and blessings.....

Spirit of God, strengthen in us the energy of your goodness.
 As we struggle amid the many changes of growth.....

Spirit of God, move us with the energy of your faithfulness.
 When harshness or abruptness dominates our moods.....

Spirit of God, bless us with the energy of your gentleness.

During those experiences of growth when we are tempted to doubt all the ways we have known you..... Spirit of God, renew in us the energy of awareness of our true self in you.

Eighth Sunday in Ordinary Time Year C

3rd March 2019

Eucharistic Prayer: 2

DIARY AND MASS INTENTIONS

for the week beginning Saturday 2nd March 2019

Sat 6.00pm	<i>St. Anthony</i>	Frances Copp	
Sun 9.30am 11.00am	<i>St. Anthony</i> <i>Holy Family</i>	Catherine Holmes Michael Solski	<i>8th Sunday in Ordinary Time</i> <i>Prayer for those unemployed</i>
Mon 11.45am	<i>St. Anthony</i>	For safe delivery	
Tue 9.15am	<i>St Anthony</i>	Mary Russell	
Wed 9.15am 10.30am	<i>St Anthony</i> <i>Holy Family</i>	Gerard Knight For our parish	<i>ASH WEDNESDAY</i>
Thur 10.00am	<i>St. Anthony</i>	<i>Funeral Mass:</i> Joan Wane	
Fri 9.15am 6.30-7.30pm	<i>St Anthony</i> <i>Holy Family</i>	Winnie Shaw	<i>Exposition & Holy Communion</i>
Sat: 6.00pm	<i>St. Anthony</i>	George Keane	
Sun 9.30am 11.00am	<i>St. Anthony</i> <i>Holy Family</i>	Robert & Joan Taylor Tony Hardman	<i>1st Sunday in Lent</i>

Last Weekend: Attendance 94 Offertory: £146. Thank you for your generosity.

Masses received this week:

Gerard Knight, Michael Solski, Catherine Holmes, Joe Holmes, for safe delivery, Frances Copp, Joan Wane, Tony Hardman.

Monday 'Surgery'

Fr. Peter will be in Holy Family Church from 5.30-6.30pm this Monday evening especially for anyone who wants a word about baptisms, weddings, Sacrament of Reconciliation etc.

Please remember in your prayers

Bill O'Shaughnessy, Malaya, Ray Mannion, Bob Blacoe, Rhoda Case, Bill York, Lawrence Dunnagan, Trevor Hughes, Claire, Rowland Eyre;

those who have died recently: Frances Copp, Francis Smith, Thomas Ryding, Joan Wane, Catherine Holmes;

and those whose anniversaries occur around this time: Alex Hunter, Bertha (Vicky) Bamber, Ella O'Neill, George Hayes, Richard Holden, Josephine Johnson, Robert Howarth, James Parker, George Hayes, Tommy Bamber, Molly Carey, Alice Orrell, James Treanor, Harold Maud, Thomas Dewhurst, Jack Owen, Edna Mary Melling, Cliff Seed, Bill Carter, Celia Barbara Rhodes, Tony Malone, Robert Kay, Mary Haigh. May they rest in peace.

LENT BEGINS THIS WEEK

Ash Wednesday

There will be Mass with ashes at 9.15 at St. Anthony's and 10.30am at Holy Family. Thanks for all who have returned palms for burning for the ashes for Ash Wednesday. Ash Wednesday is a day of fasting and abstinence.

Stations of the Cross. Every Friday in St. Anthony's at 6pm.

'Lent in the Minster'- The annual talks will take place on Monday evenings during Lent but this year they will be at Central Methodist Church). Details next week.

"Genesis to Jesus"

- a Lent course giving an opportunity to deepen knowledge of the Bible. You can follow the free 6 week course in your own time or join a small group each Thursday evening to watch the videos together. More details next week, or contact Jackie Stopyra on jackie.stopyra@gmail.com or 07934 667292. Sign up for the course at the St Paul Center, USA - <https://stpaulcenter.com/>

First Reconciliation & Holy Communion

We started preparation for these two Sacraments last week. Please pray for the children and their families. First Holy Communion Day will be on 23rd June, the Feast of the Most Holy Body & Blood (Corpus Christi).

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"Is leadership too important to be left to leaders?"

Jesuit Missions welcomes Fr Xavier Jeyaraj SJ, to Xaverian Mission Spirituality Centre (Tabor) on Tuesday 26th February at 19:30 to speak about how we can respond to the challenges of social justice, Care of Creation and leadership from an Ignatian perspective. Free event, all welcome. *poster and fliers

Rwanda Group Trust

Can you spare 3 hours a week (or more)? The RGT in Preston urgently needs helpers for its charity shop in the city centre. You will be working in a supportive team raising money for the education, health, food and shelter of the very poorest communities in Rwanda. No experience necessary. Contact: Veronica Sanders (07715077630)

Catholic Miracle Rally (North)

From 6pm Sat 9th– Sun 10th March at Our Lady's High School. Organised by Cor et Lumen. Speakers include Bishop Paul. *poster and fliers

Share-It Food Bank (at Holy Family)

Donations of food have started to come in again: thank you.

Priority items for the next few weeks are: Any tinned meats