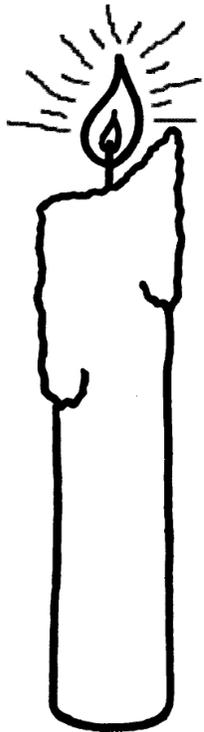


Holy Family Little Church

Jesus says ...



LET YOUR LIGHT SHINE

Use this code to reveal what Jesus' words mean.

A	E	I	O	U
●	⌘	❖	□	◆

G ⌘ V ⌘

G □ □ D

⌘ X ● MPL ⌘

T □ □ TH ⌘ RS

DRAW a picture
or WRITE about
how you can be
of good example
to others.

Fr. Peter

Covenant Books phone & fax 01772 735993

Opening hours: Thursday 10am-4pm; Friday 10am-4pm; Saturday 10am-12noon

Holy Family Church

Whitby Ave, Ingol Preston PR2 3YP

Tel: 01772 725193 E-mail: parish.priest2@btinternet.com

Website: <http://holyfamilyparish.weebly.com/>

Priest: Fr. Peter Draper (Tel: 725193)

Primary school: 727471 Covenant Books: 735993

Sunday Mass: 11.00 am.

Weekday Mass: Mon & Thur: 9.15am. (Other weekdays: 9.15am at St. Anthony's)

Lancaster Roman Catholic Diocesan Trustees Registered Charity Number 234331



Become who we are

Deep spiritual transformation happens primarily in the presence of images. They alone can touch the unconscious. One hundred sermons could never move you to the new place to which a powerful image can move you." (Richard Rohr) And so it is that in our Gospel

passage today, as in so many other places in the Gospels, Jesus uses powerful, transformative images, telling us, "You are the salt of the earth," and "You are the light of the world." And then he leaves it at that. He doesn't explain to us what it means; he doesn't give us instructions. He leaves us to live into the images.

"Some of us will hear Jesus' words and think that we need to become something we are not or that we need to *get something* we do not yet have, or *do something* that we are not yet doing. That is not, however, what Jesus says. He does not say we should *become* salt. He says *we already are* salt. He does not say we are to *become* light. He says *we already are* light. We already are what we need to be." (Michael Marsh. Adapted) And we can say this with confidence because we have **all** been created in the image and likeness of God, who is Love. Love is who we are and who we are still becoming.

"How do we find what is supposedly already there? Why should we need to awaken our deepest and most profound selves? And how do we do it? By praying and meditating? By more silence, solitude, and sacraments? Yes to all of the above, but the most important way is to *live and fully accept our present reality.*" (R.Rohr)

The more we become aware of who we really are in God, the more our eyes are open to the presence of God in everyone. In India when two people meet, instead of shaking hands as we do in the West, they have a graceful custom of joining their hands, as if in prayer, and bowing towards each other, a gesture which appears so meaningful and full of respect. The greeting, known as **namasté**, means "I bow to the divine in you", or "The Spirit within me salutes the Spirit in you" - a knowing that we are all made from the same One Divine Consciousness. The more we become who we are, the more "our light will rise in the darkness, and our shadows become like the noon-day." (Today's first reading)



Fifth Sunday in Ordinary Time Year A

5th February 2017 Eucharistic Prayer: 1

DIARY AND MASS INTENTIONS

for the week beginning Saturday 4th February 2017

Sat 6.00pm	<i>St. Anthony</i>	Gerard Mason	
Sun 9.30am 11.00am	<i>St. Anthony</i> <i>Holy Family</i>	Tom & Marie Hooper Dec. members Johnson fam	5th Sunday in Ordinary Time
Mon 9.15m	<i>St. Anthony</i>	Winnie	<i>Feast: St Paul Miki & Comp.</i>
Tue 10.00am	<i>St. Anthony</i>	FUNERAL: John Philips	
Wed 1.00pm	<i>St. Anthony</i>	FUNERAL: Joseph Holden	
Thur 9.15am	<i>St. Anthony</i>	For our parish	
Fri 9.15am 6.30-7.30pm	<i>St Anthony</i> <i>Holy Family</i>	Alice Fry	<i>Feast: St. Scholastica</i> Exposition & Holy Communion
Sat: 6.00pm	<i>St. Anthony</i>	Bill Moon	<i>Feast: Our Lady of Lourdes</i>
Sun 9.30am 11.00am	<i>St. Anthony</i> <i>Holy Family</i>	Tom & Marie Hooper Mabel Millar (Nora & Brendan)	6th Sunday in Ordinary Time

Last Weekend: Attendance: 78 Offertory: £120.00. Thank you for your generosity.

Masses received this week:

Marie Coyle, John Philips, Ivor Hilton.

Monday Surgery

Fr. Peter will be in Holy Family Church on Monday evening this week for anyone who wants a word about baptisms, weddings, Sacrament of Reconciliation etc. From 5.30-6.30pm.

Please remember in your prayers

those who are sick., Bill O'Shaughnessy, Margaret Johnson, Eveline Eccles, Malaya, Ray Mannion, John Miller, Claire, Bill York;

those who have died recently, Stuart Anderson, Joseph Holden, Johanna McDonnell, John Philips;

and those whose anniversaries occur around this time: Ann Waddington, Winifred Kelsey, Elizabeth Walker, Julius Smith, Bertha Billington, Tom Davies, Howard Newsham, Eileen Kevil, Gary Cole, Kenneth Skinner, Gerald Wayne, Francis Dobson, Maria Consiglio-George Ivor Hilton, Mary Olive Hughes, James Collier, Fr. Bob Magner, Mary Baines.

First Reconciliation and Holy Communion

The children and parents got off to a good start with their formal preparation for the Sacraments this week and will take part in our Mass today. Please pray that they may know the wonder of God's great gift to us.

Sacrament of Confirmation

Bishop Michael will be coming to administer the Sacrament of Confirmation on Friday 6th June at 6.30pm. We will be inviting applications soon.

Young People—Lourdes Pilgrimage

'A great week of faith, service, fun and friendship'. 19th-29th July. Details in the porch or on www.castleriggmanor.co.uk See also Castlerigg **Easter Retreat** 13th-16th April and **Family Weekend** from 28th-30th April.

Caring For Carers: Retreat Day

We are all carers in some way and we must also care for ourselves. This day of reflection is open to everyone who finds themselves in a difficult life situation. On Feb 16, starting at 10am. Lunch will be provided. Suggested offering £10. Tabor Retreat Centre, 169 Sharoe Green Lane. Please contact us if you would like to attend. Tel: 01772 723568. (Cathy York. Tabor team)

Getting Married Soon?

A pre-marriage course is offered for those planning to marry in 2017 (or simply to take another look at the teaching on marriage) beginning Thursday 19th January at St. Clare's. To book on the course contact: sian_martin@btinternet.com

Live Band Night

With 'Kathy & the Hornbeats' in St. Anthony's Parish Centre on Saturday 25th February. Tickets to include hot buffet. Adults £15, children £8. available from St. Anthony's. In aid of the Church Building Fund.

Our Lady & St. Edward's Ladies Group Ecumenical Evening

Thursday February 9th, starting with a service in Church at 8.00 pm, followed by a Talk in the Parish Centre by Fr. Brian Whitley an assistant chaplain at Weeton Barracks on his transition from Nurse to Chaplain. The evening ends with light refreshments."

Share-It Food Bank (at Holy Family)

These items are the most needed at the moment: –

- | | |
|---------------------------|------------------------------|
| * coffee sachets (2 in 1) | * drinking chocolate sachets |
| * UHT milk | * instant desserts |
| * sardines | * biscuits |
| | * juices for lunch boxes |
| | * cooking oils |

Thank you for your generous giving during the year.

NEXT SUNDAY: Sixth Sunday in Ordinary Time

Eccles 15:16-20 He never commanded anyone to be godless.

1Cor 2:6-10 God predestined wisdom to be for our glory before the ages.

Matt 5:17-37 You have learnt how it was said to our ancestors; but I say this to you.