

Holy Family Little Church

GOD GIVES US ...

1 2 2 3 4 1 3 5 6 7 6 6 8

Use this code to fill in the missing letters:

| | |
|-------|-------|
| 1 → A | 5 → W |
| 2 → L | 6 → E |
| 3 → T | 7 → N |
| 4 → H | 8 → D |

Jesus said:
 "Look at the birds; think of
 the flowers growing
 in the fields. God
 takes care of them.
 He takes care of you
 a lot more!"

Fr. Peter

Covenant Books phone & fax 01772 735993
 Opening hours: Thursday 10am-4pm; Friday 10am-4pm; Saturday 10am-12noon

Holy Family Church



Whitby Ave, Ingol Preston PR2 3YP
Tel: 01772 725193 **E-mail:** parish.priest2@btinternet.com
Website: <http://holyfamilyparish.weebly.com/>
Priest: Fr. Peter Draper (Tel: 725193)

Primary school: 727471 **Covenant Books:** 735993

Sunday Mass: 11.00 am.

Weekday Mass: Mon & Thur: 9.15am. (Other weekdays: 9.15am at St. Anthony's)

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Our Life Situation and Our life

There are times in our lives when our life situation is so overwhelming that the last thing we want anyone to say to us is, "Don't worry" even if that person is Jesus! Eckhart Tolle differentiates between our *life situation* and *our life*. "There is something within you that remains unaffected by the transient circumstance of your *life situation*, and only through surrender do you have access to it. It is *your life*, your very Being. Underneath the various conditions that make up *your life situation* – which exists in time - there is something deeper, more essential: *your Life*, your very Being in the timeless Now. The condition that is labelled 'illness', has nothing to do with who you truly are.

Your inner peace does not depend on any situation. You abide in Being – unchanging, timeless, deathless –and you are no longer dependent for fulfilment or happiness on the outer world of constantly fluctuating forms.

You become like a deep lake. The outward situation of your life, is the surface of the lake: sometimes calm, sometimes windy and rough, according to the cycles and seasons. Deep down, however, the lake is always undisturbed. You are the whole lake, not just the surface and you are in touch with your own depth which remains absolutely still. Don't look for peace. Anything you accept fully will get you there, will take you into peace. This is the miracle of surrender. When you accept what is, every moment is the best moment. That is enlightenment.

Watch any plant or animal and let it teach you acceptance of what is, and how to surrender to the Now. Let it teach you Being."

"When I am anxious I have misplaced the centre of my life. I have lost touch with that "Infinite Source" that lies at the heart of my being and upholds and strengthens me no matter what the circumstances of my life may be. When I am able to stay connected to my awareness of "Infinite Source," there is nothing about which I need to feel anxious.

The solution to anxiety is not getting the circumstances of my life under control, a futile undertaking at best. The answer to anxiety lies in focusing my attention upon that which is greater than those things about which I feel anxious. As I learn to rest and trust in the faithfulness of God, the anxious knots of my life begin to untangle. It begins to be possible to meet each day, not with fear and uncertainty, but with openness and acceptance."
 (Christopher Page)

Eighth Sunday in Ordinary Time Year A

26th February 2017 Eucharistic Prayer: 4

DIARY AND MASS INTENTIONS

for the week beginning Saturday 25th February 2017

| | | | |
|-------------------------------------|--|---|--|
| Sat 6.00pm | <i>St. Anthony</i> | Mary Traynor | |
| Sun 9.30am 11.00am | <i>St. Anthony</i> <i>Holy Family</i> | Frances Copp For our parish | 8th Sunday in Ordinary Time Prayer for Unemployed |
| Mon 9.15m | <i>Holy Family</i> | Kathleen Gielty | |
| Tue 9.15am | <i>St. Anthony</i> | Maureen Poland | |
| Wed 9.15am 10.30am | <i>St. Anthony</i> <i>Holy Family</i> | Mary Russell Phebe Porter Billington | <i>ASH WEDNESDAY</i> |
| Thur 9.15am | <i>Holy Family</i> | Patricia Harper | |
| Fri 9.15am 6.00pm 6.30-7.30pm | <i>St Anthony</i> <i>St Anthony</i> <i>Holy Family</i> | Mary Barbara Twine | Stations of the Cross Exposition & Holy Communion |
| Sat: 6.00pm | <i>St. Anthony</i> | Bill Ellis | |
| Sun 9.30am 11.00am | <i>St. Anthony</i> <i>Holy Family</i> | Special Intention (MJC) For our parish | First Sunday of Lent |

Last Weekend: Attendance: 146 Offertory: £260.00. Thank you for your generosity.

Masses received this week:

Special Intention (MJC), Mary Russell, Wilfrid Yates, Maureen Poland, John Poland & family. Mary Barbara Twine, Bill Ellis, 'a sick person', Patricia Harper, Martin Macari, Bernie & family - Int.

Monday Surgery

Fr. Peter will be in Holy Family Church on Monday evening from 5.30-6.30pm.

Please remember in your prayers

those who are sick. Bill O'Shaughnessy, Margaret Johnson, Eveline Eccles, Malaya, Ray Mannion, John Miller, Claire, Bill York;

those who have died recently,

and those whose anniversaries occur around this time.: Annie Lithgoe, Helen Rhodes, Cornelius Crimmings, Elizabeth Collier, Arthur Bielby, Paul Ashton, Ken Welsby, Vivien Garner, Agnes Crozier, Phyllis Bons, Norah Prince, Alex Hunter, Bertha (Vicky) Bamber, Ella O'Neill, Richard Holden, Josephine Johnson, James Parker, Robert Howarth.,

Father, may these, and all we have known who have gone before us, be received into the glory of the Resurrection, won for us by your Son Jesus, the risen Lord.

LENT BEGINS ON WEDNESDAY

Ash Wednesday

There will be Mass with ashes at 9.15 at St. Anthony's and 10.30am at Holy Family. Thanks for all who have returned palms for burning for the ashes on Ash Wednesday.

Stations of the Cross.

Every Friday in St. Anthony's at 6pm.

'Lent in the Minster' - Mondays 6th, 13th, 20th, 27th March & 3rd April.

This annual ecumenical series continues in 2017 with talks each Monday in Lent; the theme is 'MISSION'. Five Mondays through Lent from 6th March to 3rd April(inc.) mainly at Preston Minster, 7.30pm to 9pm (NOTE: the first one, on 6th March, is at Central Methodist Church)

'A Life Worth Knowing' - A Passion Play for Preston

On Fri 14th April (Good Friday), starting in Winckley Square at 11.30am. Choir members are now needed. Graham Hickey is looking for a body of people from all the Preston Churches to lead the singing of mostly well-known songs. To take part phone Graham on 07469 963837 or e-mail ghickey9087@gmail.com or even just turn up next Wednesday: 7pm Christ Church Fulwood, Victoria Road, Fulwood, Preston. PR2 8NE First rehearsal is this week.

A film for Fairtrade Fortnight

On Tuesday 28th February. The film Connected by Coffee will be screened at The Continental, South Meadow Lane, at 8pm. This is an inspiring and thought-provoking documentary about the lives and history of the people who grow the coffee we drink. Tickets £5 from the Continental (01772 499425) or on the door. (www.newcontinental.net/whats-on/event/fairtrade-film-screening-connected-coffee)

"Lord teach us to pray"

You are invited and would be very welcome to our next 'day' on Saturday 4th March 2017 10.00am – 4.00pm. At Friends Meeting House, Meeting House Lane, Lancaster, LA1 1TX, Led by Stephen Hoyland. Organised by ACTA - A Call to Action.

Share-It Food Bank (at Holy Family)

The next "Share-It" Prayer & Praise will take place at Ingol Methodists on Wednesday 15th March at 7pm. Please join us—everyone welcome!

These items are the most needed at the moment: –

- | | | |
|---------------------------|--------------------|-------------------------------|
| * potato mash | ** jams | ** brown & red sauces (small) |
| * coffee sachets (2 in 1) | * | * drinking chocolate sachets |
| * biscuits | * instant desserts | * juices for lunch boxes |

Thank you for your continued generous giving.

NEXT SUNDAY: First Sunday of Lent

Gen 2:7-9; 3:1-7 The creation and sin of our first parents.

Rom 5:12-19 However great the number of sins, grace was even greater.

Matt 4:1-11 Jesus fasts for forty days and is tempted.